# DAY ONE (August 4) - Symposium 1

# **Symposium Objectives**

- Brainstorm on promoting Spine Care into Wellness program
- 2. Focus on global spine care networking, prevention, rehabilitation, education for Wellness
- 3. Assess various spine care systems to promote the adoption of the most suitable one for wellness

### **Panel Discussion - Topics Highlights**

- 1. Wellness and medical tourism program
- 2. How can global societies provide various spine care systems: networking, telemedicine, prevention, education, rehabilitation for the adoption of the most suitable in Wellness and Health, and could save a large cost caused by Low Back and Neck problems in the population

# **Detailed Program**

11.55 - 12.00

Detailed Program	
10.30 – 10.42	Global Burden of spine disease and the impact on Wellness and Health B. Darwono
10.42 – 10.54	Exploring the link between LBP and mental illness: how do we improve overall wellness?  E. Muehlbauer
10.54 – 11.06	Key healthcare trend and developing a global integrated network in SPINE20 F. Tamburelli, A. Cicchetti, C. Rousi
11.06 – 11.18	Evidence based strategies for the prevention of Spine diseases: cost and effectiveness analysis  G. Costanzo, B. Misaggi
11.18 – 11.25	Q & A
11.25 – 11.55	Panel Discussion Faculty

Conclusion and take-home messages

B. Darwono, G. Costanzo

#### **Faculty**



Bambang Darwono, Indonesia Chairperson - ISS



Giuseppe Costanzo, Italy Chairperson – SICV & GIS



Americo Cicchetti Speaker - Italy



Bernardo Misaggi Speaker - Italy



**Carlo Ruosi** Speaker - Italy



Eric Muehlbauer Speaker - USA



Francesco Tamburelli Speaker - Italy