

## Topics Highlights

- » Healthy spine in a healthy child; proper nutrition and efficient physical exercises.
- » Back Pain in growing child, should we get worried?
- » Early detection of major spine pathologies in kids, how could we make it efficient.
- » Complexity of pediatric spine pathology, expertise and resources.
- » Spine pathologies in kids, do they behave different.
- » Access to quality spine care for kids in limited resources areas, how could we help?

## Faculty

### Speakers



Marco Crostelli (Italy)  
Consultant on pediatric spine  
Ospedale Pediatrico Bambino Gesù, Roma



Carlo Ruosi (Italy)  
Professor of orthopedics, Università Federico II, Napoli



Marco Brayda Bruno (Italy)  
Consultant on spine surgery, Istituto Ortopedico Galeazzi, Milan



Bernardo Misaggi (Italy)  
Chief of Spinal Surgery Unit  
Orthopedic Institute G. Pini, Milan



Majed ALOsaimi (Saudi Arabia)  
Consultant Pediatric Spine Surgeon, King Abdulaziz Medical City, Riyadh

### Co-Chairs



Giuseppe Costanzo, Italy



Ahmed Alturkistany,  
Saudi Arabia



## DAY ONE (November 10th) – Symposium 4

### Children and adolescent spine

3:00 PM - 3:15 PM	Spine Disease in Pediatric Population, how do they behave different? Majed Alosaimi
3:15 PM - 3:30 PM	Fitness, nutrition and obesity in young population Bernardo Misaggi
3:30 PM - 3:45 PM	Prevention (screening); Best and cost effective conservative treatment both in developing and industrialized countries. Marco Crostelli
3:45 PM - 4:00 PM	Complexity of Spine pathology of growing spine: infections, tumours, deformities; Role of genetics and cost-effective diagnostic tools Carlo Ruosi
4:00 PM - 4:15 PM	Indications and strategies for surgical treatment; options to reduce risk, blood loss and instrumentation costs in developing countries. Marco Brayda Bruno
4:15 PM - 4:30 PM	Panel discussion recommendations